

BRITTANY BRYSON, COACHING STAFF

Brittany has been dancing for over 20 years and has toured with Christina Aguilera and Destiny's Child, in addition to performing in Disney Resort Stage Shows, commercials and at special event nationwide. She has also performed with professional dance companies in the Los Angeles area, including Lula Washington, Oui Geometer and Karen Lehman Dance Company. Brittany has taught countless master classes and workshops and her choreography can be seen in dance groups across Southern California including El Camino College and Precision Dance Company where she serves as Assistant Director. Brittany has a background in gymnastics, jazz, modern, African and hip hop dance styles and is a well known face at the Miss Dance Drill Team USA pageants where she has served as a judge for many years. In addition to her dance credits, Brittany is a personal fitness trainer and teaches classes in kickboxing, body sculpting and boot camp fitness. She incorporates her dance background into her unique fitness training and is a popular fitness instructor at Bally's and 24 hour Fitness centers. Brittany uses dance to express her inner emotions and feels dance is more than an art form. Her motto to her students is "Dance with your heart, not just your body"